

Jackson County Department of Public Health

Anna Lippard Health Director 828-587-8225 2024-14 FOR IMMEDIATE RELEASE April 26, 2024

Heading into Summer Trauma Season, Safe Kids Jackson County Celebrates Safe Kids Week with Resources to Help Parents Protect Kids from Preventable Injuries

Safety Advocates Unite to Remind Busy Parents to Take Time to Focus on Simple Steps to Keep Kids Safe at Home, at School, at Play, and on the Way

In honor of **Safe Kids Week (May 5-11),** Safe Kids Jackson County, based at Jackson County Department of Public Health, is providing tips, resources, and activities to educate parents and caregivers about simple ways to keep their kids safe from a range of preventable injuries, including child passenger safety and heatstroke prevention. Safe Kids Jackson County is hosting a free car seat safety check event on Tuesday, May 7, 2024 from 2:30 PM- 4:30 PM at the Jackson County Department of Public Health.

Download our My High Five Child Safety Checklist

Summer is an exciting time of year for families, often bringing vacations, barbecues, picnics, and time away from work and school. Yet summer is also known as "trauma season" among health professionals in the United States because unintentional injuries and deaths increase dramatically among children.

At a time when parents are focused on many priorities at once, Safe Kids Week is a national celebration dedicated to raising awareness about child injury prevention and inspiring parents to focus on proven and practical tips to keep their kids safe.

In Jackson County injuries in 2023 for children ages 0-17 included: 3 from falls, 1 from motor vehicle accident, 1 from accidental hit or striking by another person, and 1 from complications due to surgery or a medical procedure. In fact, preventable injuries are the number one cause of death of children in the United States, and millions more are injured in ways that can affect them for a lifetime.

"Safe Kids Week is a wonderful opportunity for Jackson County to celebrate kids, learn about how to keep them safe and, ultimately, save lives," says Martha Thomasson, Safe Kids Jackson County Coordinator. "This is a week where we can all take just a little bit of time out of our busy schedules to focus on a few simple steps that can make a big difference in the safety of our children."



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To support parents and caregivers, Safe Kids Jackson County is offering helpful resources, including the My High Five Child Safety Checklist that includes the top 5 tips for the top safety areas such as bike safety, child passenger safety, home safety, water safety, and sleep safety.

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About Safe Kids Jackson County

Safe Kids Jackson County works to prevent unintentional childhood injuries, the number one cause of death for children in the United States. Its members include Jackson County Department of Public Health staff, Jackson County Public Schools staff, Jackson County Parks & Rec staff, Appalachian Community services of WNC staff, Jackson County Sheriff's Department Officers, Jackson County Fire Marshall, Jackson County Emergency Management staff, Region A Partnership for Children staff, Harris EMS staff, AWAKE staff, Center for Domestic Peace staff, NC Wilde Life Officers, WCU Police Officers, Sylva Police Officers, Mountain Projects Inc, Cashiers Glenville Fire Department, Balsam Fire Department, Sylva Fire Department, and Haywood County Fire Marshall. Safe Kids Jackson County is a member of Safe Kids Worldwide, a global network of organizations dedicated to protecting kids. Safe Kids Jackson County was founded in August 2014 and is led by Jackson County Department of Public Health. For more information, visit safekids.org or health.jacksonnc.org/safe-kids-jackson-county.

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