



Jackson County Department of Public Health

Anna Lippard
Deputy Health Director
828-587-8225

2022-09
FOR IMMEDIATE RELEASE
February 17, 2022

10th ANNUAL SNACK MASTER COMPETITION SEEKING PARTICIPANTS

The Jackson County School Health Advisory Council (SHAC) and the Healthy for Life (H4L) Action Team of the Healthy Carolinians Partnership are sponsoring the 10th Annual Healthy Snack Master Competition. This competition is open to all individuals or groups (i.e. classes, afterschool programs, clubs, etc.) in Kindergarten – 12th grades enrolled in Jackson County Public Schools.

Students are encouraged to create an original recipe and turn it in to their school's cafeteria manager by Friday, March 4, 2022. Submitted recipes will be reviewed by members of SHAC. The top student and group entries will go on to compete in the Healthy Snack Master Competition on the evening of Thursday, March 24th at 5:00 p.m. at Smokey Mountain Elementary School.

At the Healthy Snack Master Competition, a panel of judges will determine the winning healthy snack based on taste, appearance, healthfulness, and creativity. Superlatives will also be awarded for the Best Bite, People's Choice, and Most Creative Name. Flyers with rules and an ingredient list and entry forms are available from K-12th grade teachers. For more information on the competition please call Laura Cabe, School Nutrition Director at 586-2311 ext. 1936.

###