



Jackson County Department of Public Health

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FLU VACCINES AVAILABLE STARTING OCTOBER 5th

With the flu season approaching, the Jackson County Department of Public Health (JCDPH) urges all residents to protect themselves, their families, and those around them by getting vaccinated against the flu. It is important to remember that COVID-19 is still around and in our community.

The flu can be a serious illness, especially for adults over the age of 65 years, children under five, pregnant women, and those with certain medical conditions such as asthma, diabetes, or heart disease.

The Centers for Disease Control and Prevention (CDC) recommends flu vaccination for everyone 6 months and older with any licensed, age-appropriate flu vaccine. Vaccination against the flu can make illness milder and reduce the risk of more serious outcomes. According to the CDC, the recommended timing of vaccination is similar to last season. For most people who need only one dose for the season, September and October are generally good times to get vaccinated. However, it's important to know that vaccination after October can still provide protection during the peak of flu season.

As stated by CDC, the best way to prevent flu and its potentially serious complications is by getting a yearly flu vaccine. Even when the flu vaccination does not prevent illness entirely, it has been shown in several studies to reduce severity of illness in people get vaccinated but still get sick.

JCDPH will begin offering flu vaccines to the public on Thursday, October 5, 2023. Drive thru clinics will be held on Thursdays 2PM-6PM, throughout the month of October in the health department parking lot. Prices range from \$50 to \$87, depending on the type of vaccine administered. No appointments are necessary and a variety of insurances are accepted.

For questions about the flu, call the Flu Line at 828-587-8201 or the Health Department's main line at 828-586-8994.

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