

CMARC services are provided by local health departments in partnership with Community Care of North Carolina, the NC Division of Medical Assistance and the NC Division of Public Health. More information is available from:



- Your local health department (ncalhd.org/county.htm), or
- Your local community care network (www.communitycarenc.org/our-networks), or
- The Children with Special Health Care Needs Help Line at 800-737-3028.

For more information, contact:

Sarah Turner, MSW

CMARC Care Manager for Jackson and Swain Counties

Jackson County Department of Public Health

538 Scotts Creek Rd, Sylva, NC

828-587-8286



CMARC Care Management for Early Childhood Care Coordination for Children



How Can CMARC Benefit Your Family?

The goal of CMARC is to improve your child's care by linking you to services that will meet the specific needs of your child and family.

Care Management for Early Childhood (CMARC) is a program offered at no charge for children birth to 5 years of age who:

- Have long term medical conditions; and/or
- Are dealing with challenging levels of stress; and/or
- Are referred by the child's doctor

When the care manager receives a referral, they will talk with you to determine whether your child and family could benefit from CMARC services.

For eligible families who want CMARC services, a CMARC plan of care is developed by the family and the CMARC care manager.

CMARC care managers work with families through:

- home visits
- phone calls
- visit the doctor with you
- other types of contacts

How often we are in touch with you depends on the needs and desires of your family.

What CMARC Care Managers Do:

- Recognize **you** as the expert on your child.
- Ask you about your child's and family's needs, concerns, goals, and questions.
- Work with you to help you build a strong link to a **medical home** (regular doctor) or your child.
- Work with your child's health care providers to be sure you get what you need.
- Offer referrals to community resources to meet your family's specific needs.
- Assist families dealing with challenging levels of stress.
- Offer information on health and family topics, including child growth and development.
- Take the time to talk about your child's health and development.
- Help you get answers to your questions.

