Jackson County Department of Public Health

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BREASTFEEDING AND BABY WEARING SUPPORT

The Jackson County Department of Public Health offers a free monthly breastfeeding support group for all pregnant and breastfeeding mothers in the community. Meetings take place at 1 PM on the fourth Monday of the month at the Health Department (538 Scotts Creek Road, Suite 100).

On October 26th, the breastfeeding support group will discuss the topic of baby wearing. A variety of baby carriers will be available for moms to see and try out. Additionally, the group will learn how baby wearing can help make breastfeeding (and motherhood in general) easier. Come join the event! Moms, dads, family, friends, and older children are all welcome.

For more information about the meeting, contact Brandi Nations, ALC, CLC at 828-506-7948.

This statement is required for any article printed about WIC/Breastfeeding—"Jackson County Health Department is an equal opportunity employer and provider."

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