



Jackson County Department of Public Health

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Bike at/to School Day 2020: From a Distance

This year, we can't gather to celebrate Bike at/to School Day as we typically would in our communities. However, it's still a great time to recognize the importance of community connection, safety, and health. We're offering a week of ideas from May 4 to May 8 to help you do just that. We've compiled a list of resources in this link <https://btsdwnc.weebly.com/> to help us all maintain our focus on safety and health during these unprecedented times. Many families and communities are finding ways to stay active together while maintaining social distance, from regular family walks and bike rides. Though not every idea will fit every community, we encourage you to pick among the options that make sense for your area and fit with local public health guidance. Please help continue the strong sense of community that makes bicycling and walking so powerful by posting pictures and tagging them #BikeToSchoolWNC. The Safe Routes to School Program in Western North Carolina is housed at the Jackson County Department of Public Health and serves Jackson, Haywood, Macon, and Swain Counties.

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