Jackson County Department of Public Health

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YOUTH ART COMPETITION THAT FEATURES HEALTHY FOODS

Calling all young artists! In partnership with the Main Street Sylva Association, the Healthy Eating Action Team (HEAT) of the Healthy Carolinians Partnership is sponsoring the second annual art competition called "The Art of Healthy Eating." This competition is open to all Jackson County youth, ages 3-18 years. Youth are encouraged to create a piece of art, whether it is a painting, drawing, sculpture, etc., that represents what healthy eating means to them. Artwork will be displayed at participating businesses in downtown Sylva during the weekend of the Taste of Sylva.

All participants in "The Art of Healthy Eating" will receive a free ticket to the Taste of Sylva on October 3rd from 1-5 PM. Also, the Healthy Eating Action Team will be present at The Taste of Sylva on Saturday, October 3rd from 1-5 PM providing fun activities for kids with a healthy eating focus. Stop by the HEAT booth to learn more about eating more fruits and vegetables, register to win free cooking kits, and much more.

Applications for "The Art of Healthy Eating "will be available in various places around town including schools, library, county offices, etc. Download an application by visiting the Health Department's website at http://health.jacksonnc.org/news. For questions, contact Melissa McKnight, Health Education Supervisor, at 587-8288 or melissamcknight@jacksonnc.org. All artwork is due to the Jackson County Department of Public Health by Monday, September 21st.

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